

## Children's camps

### Don Bosco Holiday Camp

Tel: 5987 2692

[www.donboscocamp.org.au](http://www.donboscocamp.org.au)

email [steph@donboscocamp.org.au](mailto:steph@donboscocamp.org.au)

Don Bosco Holiday Camps are organised by the Salesians of Don Bosco. This is our 70th year of running camps at Safety Beach. Our camps are open to all young people aged between 9 and 16.

### Annual Holiday Camp Program

#### Summer Camps

- 2 Junior Camps
- 1 Senior Camp

#### Winter Camps

- 1 Junior Camp
- 1 Senior Camp

Camps are conducted for Junior campers 9-13 years and Senior campers 13-16 years in the summer and winter school holidays

An average camp is 60-70 campers with 20-25 leaders. The Don Bosco Camp is in the fortunate position of having a pool of some 120 trained leaders who volunteer to run camps. The Don Bosco Camp management is investigating options that will provide opportunities for highly motivated young leaders who are eager to put their training into practice.



## **Cottage by the sea camp**

Tel: 5258 1663

Email: [jae@cottagebythesea.com.au](mailto:jae@cottagebythesea.com.au)

The **Take a Break** program covers our mainstream weekly Cottage camps. The program emphasises co-operation and respect and encourages children to be healthy, active, happy and secure. This program also includes camps offered to children from areas affected by disasters such as bushfires and floods, as well as Refugee families.

The Take a Break program ensures that children experience a wide range of recreational options – from activities that challenge like Surfing, or encourage team building like the ‘Spider’s Web’, to those that are simply about fun. All activities are run to strictly enforced standards to ensure the safety and enjoyment of all concerned.

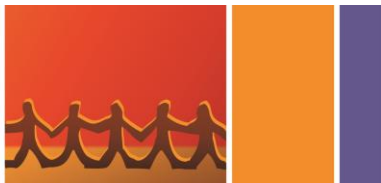
Children are supported to fit into a homely and nurturing environment that ensures they feel both safe and appreciated.

### **OBJECTIVES**

- to establish positive patterns of behaviour in children
- to develop additional social skills that assist children in group situations
- to improve school attendance
- to encourage children to be more active
- to endorse the benefits of healthy eating habits
- to support well-being by increasing self-esteem and confidence
- to advocate respect for self and others

### **OUTCOMES**

- improved school attendance
- more active children
- healthier eating habits
- increased self-esteem and confidence
- greater respect for self and others



## **Edmund Rice Camp**

Tel: 9439 6142

### **Kids Camps for 8-11 year old boys and girls**

Edmund Rice hold four-day kids camp during the January, July and September school holidays. Each camp is made up of 28 children and 38 volunteers.

We use a variety of campsites which all provide cabin accommodation, onsite cooked meals and large recreational space.

Traveling in 12 and 22 seat buses, each camp enjoys an excursion-based program with activities such as:

- Visiting a local farm
- Swimming at the pool, beach or aquatic centre
- Over night camp-out
- Bike riding
- Archery
- Art and craft activities
- Cooking
- Organised free time

### **Older Boys Camps for Young Men aged 12 – 15 years**

This five-day camp, held in January each year, is based at a beautiful campsite on the Great Ocean Road near Lorne. The camp accommodates up to 16 young men and 25 volunteers. The program places a high focus on adventure activities with plenty of support from a 1:1 ratio of volunteer to participants.

The main activities are:

- Surfing
- Mountain bike riding
- Canoeing
- Swimming at a local surf beach
- Bush walks in the Otway Ranges

This camp provides fantastic role-modeling for young men, where social skills, self-confidence and enjoyment are utmost, creating a real sense of belonging to a short-term community.



## **Older Girls Camps for Young Women aged 12 - 15 years**

This is a 5 day camp, held in January each year, based at a beautiful campsite along the Great Ocean Road near Lorne. This camp accommodates 16 young women and 25 volunteers. The camp provides an atmosphere supporting young women in a supportive 1:1 ratio environment.

Activities on the camp include:

- Canoeing
- Swimming at local surf beach
- Surfing
- Art and Craft Activities
- Dance

This camp provides fantastic role-modeling for young women, where self-confidence and enjoyment are celebrated, creating a real sense of belonging to a camp community and into wider society.

## **Indigenous camps – Autumn only**

Indigenous youth in Australia are recognised as being particularly disadvantaged in the areas of education and health and can face additional cultural barriers to their participation in society. Agencies with whom we work with have also recognised that Victorian children of Aboriginal identity receive little if any opportunities to learn traditional customs. Together we have identified that there is a need for us to provide specific camping programs for Indigenous children.

ERC provides Indigenous children with;

- an opportunity to go on a camp and have an experience that is positive, fun and safe
- an opportunity to experience an empowering relationship with young adult volunteers that enables the modelling of positive behaviour
- the facilitation of a program that provides a link to the elders of their community and the opportunity to share cultural understanding.

***The opportunity for the children to discover and share in their culture leads to a sense of pride in being Aboriginal and invites opportunities for further exploration.***

Volunteers also gain an understanding of Aboriginal culture and heritage that can further foster the efforts of reconciliation.

I left a message for Adrian to call back. The website is [http://www.ercvic.com/camps\\_for\\_kids.php](http://www.ercvic.com/camps_for_kids.php) and they seem to have summer, winter and spring camps.



## **Southern Cross Camp**

Phone (03) 9762 7636

Email [info@sckc.org.au](mailto:info@sckc.org.au)

Southern Cross annual camps offer specialised programs for children who have experienced abuse. Each child participates in enjoyable activities ranging from sports, obstacle courses, group games, craftwork and we aim to bring some joy and laughter back into the lives of these children.

### **Southern Cross aim to give each child**

- A sense of achievement, confidence and hope
- A week of activities that encourage fun and laughter and allow them to be children again
- An experience of unconditional acceptance and attention
- Memories of a great week with new friends
- Gifts with no strings attached including: t-shirt, hat, birthday box, carry bag, toys, books, art & craft items, toiletries and a special memory album filled with pictures of their time at camp

### **Camp Dates**

Endeavour Camp 2015: 28 June - 3 July (children arrive on the 29th)

Yarra Ranges Camp 2015: 5-9 July (children arrive on the 6th)

Bendigo Camp 2015: 20-25 September (children arrive on the 21<sup>st</sup>)

Shepparton Camp 2015: 27 Sep - 2 Oct (children arrive on the 28th)

Ballarat Camp 2015: 27 Sep - 2 Oct (Children arrive on the 28th)